

Virtual Eucharistic Adoration

Create a prayerful setting for this special time with the Lord and access an on-line chapel.

May this time of prayer and adoration before the Blessed Sacrament be an opportunity to grow in awareness of the incomparable treasure which Christ entrusted to his Church.

JANUARY CONTEMPLATION

*Let us never tire of doing good works and procuring the salvation of souls,
for our own salvation depends upon our saving them.*

- St. Gaspar #5

Opening Prayer

Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

Silent Reflection

Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.

Prayer Before Reading Scripture

Jesus Christ, our Master, You are the Way and the Truth and the Life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

Scripture Reading: *(Hebrews 1:1-5a,8)*

A reading from the letter of St. Paul to the Hebrews

In the past God spoke to our forefathers through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son, whom he appointed heir of all things, and through whom he made the universe. The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word. After he had provided purification for sins, he sat down at the right hand of the Majesty in heaven. So he became as much superior to the angels as the name he has inherited is superior to theirs. For to which of the angels did God ever say, "You are my Son; today I have become your Father"? But about the Son he says, "Your throne, O God, will last for ever and ever, and righteousness will be the scepter of your kingdom."

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm: (*Psalm 98:1-3*)

R/. Sing a new song to the Lord. He has done wonderful things.

Sing a new song to the Lord. He has done wonderful things. **R/:**

By the power of his right hand and his holy arm he has saved his people. **R/:**

The Lord has made known his power to save.

He has shown the nations that he does what is right. **R/:**

He has shown his faithful love to the people of Israel. **R/:**

People from one end of the earth to the other
have seen that our God has saved us. **R/:**

Glory Be...

Reflection from the Catechism: Our Father

We can invoke God as "Father" because *he is revealed to us* by his Son become man and because his Spirit makes him known to us. (2780)

When we pray to the Father, we are *in communion with him* and with his Son, Jesus Christ. (cf 1 John 1:3) Then we know and recognize him with an ever new sense of wonder. The first phrase of the Our Father is a blessing of adoration before it is a supplication. For it is the glory of God that we should recognize him as "Father," the true God. We give him thanks for having revealed his name to us, for the gift of believing in it, and for the indwelling of his Presence in us. (2781)

Seasonal Prayer

Lord our God, we thank you for the wisdom we gain from your scriptures. Grant us the courage to open our hearts and our minds to neighbors of other Christian confessions and of other faiths; the grace to overcome barriers of indifference, prejudice or hate; and a vision of the last days, when Christians might walk together towards that final feast, when tears and dissension will be overcome through love. Amen.

Silent Reflection

Meditation: (*Spe Salvi* Introduction, 1,3)

According to the Christian faith, "redemption"—salvation—is not simply a given. Redemption is offered to us in the sense that we have been given hope, trustworthy hope, by virtue of which we can face our present: the present, even if it is arduous, can be lived and accepted if it leads towards a goal, if we can be sure of this goal, and if this goal is great enough to justify the effort of the journey.¹

To come to know God—the true God—means to receive hope. We who have always lived with the Christian concept of God, and have grown accustomed to it, have almost ceased to notice that we possess the hope that ensues from a real encounter with this God.³

* In memory of Pope Benedict XVI, this year's **Meditations** will be taken from his encyclical *Spe Salvi – in hope we were saved* - that reminds us of the future awaiting us in Jesus Christ.

"The one who has hope lives differently; the one who hopes has been granted the gift of a new life." *Spe Salvi*, 2

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for educators:

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all, we pray to the Lord. *R/.*

God of compassion, look with favor upon all who work and pray for the unity of divided Christian communities, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us,

St. Francis Xavier, pray for us.