

Virtual Eucharistic Adoration

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.
May this time of prayer and adoration before the Blessed Sacrament be an opportunity
to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

JULY CONTEMPLATION

*Praise and thanksgiving be evermore to Jesus who with His blood has saved us.
– St. Gaspar #2103*

Opening Prayer

Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

Silent Reflection

Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.

Prayer Before Reading Scripture

Jesus Christ, our Master, You are the Way and the Truth and the Life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

Scripture Reading: *(Hebrews 8:8-12)*

A reading from the letter of Paul to the Hebrews

"The time is coming," declares the Lord, "when I will make a new covenant with the house of Israel and with the house of Judah. It will not be like the covenant I made with their forefathers when I took them by the hand to lead them out of Egypt, because they did not remain faithful to my covenant, and I turned away from them", declares the Lord. "This is the covenant I will make with the house of Israel after that time, declares the Lord. I will put my laws in their minds and write them on their hearts. I will be their God, and they will be my people. No longer will a man teach his neighbor, or a man his brother, saying, 'Know the Lord,' because they will all know me, from the least of them to the greatest. For I will forgive their wickedness and will remember their sins no more."

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm: *(Psalm 100: 1-5)*

Response: Shout joyfully to the Lord, all the earth.

Shout joyfully to the LORD, all the earth. Serve the LORD with gladness;
Come before Him with joyful singing. **R/.**

Know that the LORD Himself Is God; It is He who has made us, and not we ourselves;
We are His people and the sheep of His pasture. **R/.**

Enter His gates with thanksgiving And His courts with praise. Give thanks to Him, bless His name. **R/**

For the LORD is good; His loving kindness is everlasting and His faithfulness to all generations. **R/**

Glory Be...

Reflection from the Catechism: Give us this day

"*Our bread*": The Father who gives us life cannot not but give us the nourishment life requires - all appropriate goods and blessings, both material and spiritual. (CCC, 2830)

"Daily" (*epiousios*) occurs nowhere else in the New Testament... Taken literally, it refers directly to the Bread of Life, the Body of Christ, the "medicine of immortality," [St. Ignatius of Antioch] without which we have no life within us. (Eph. 20:2) Finally in this connection, its heavenly meaning is evident: "this day" is the Day of the Lord, the day of the feast of the kingdom, anticipated in the Eucharist that is already the foretaste of the kingdom to come. For this reason it is fitting for the Eucharistic liturgy to be celebrated each day. (CCC, 2837)

The Eucharist is our daily bread. The power belonging to this divine food makes it a bond of union. Its effect is then understood as unity, so that, gathered into his Body and made members of him, we may become what we receive. . . . This also is our daily bread: the readings you hear each day in church and the hymns you hear and sing. All these are necessities for our pilgrimage.[St. Augustine, *Sermo*, 57]

Seasonal Prayer: Precious Blood Prayer

July is the month of the Precious Blood

Father, by the blood of your own Son you have set all people free and saved us from death. Continue your work of love within us, that by constantly celebrating the mystery of our salvation, we may reach the eternal life it promises. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

Silent Reflection

Meditation: (*Spe Salvi*, The true shape of Christian hope)

This great hope can only be God, who encompasses the whole of reality and who can bestow upon us what we, by ourselves, cannot attain. The fact that it comes to us as a gift is actually part of hope. God is the foundation of hope: not any god, but the God who has a human face and who has loved us to the end, each one of us and humanity in its entirety. His Kingdom is not an imaginary hereafter, situated in a future that will never arrive; his Kingdom is present wherever he is loved and wherever his love reaches us. His love alone gives us the possibility of soberly persevering day by day, without ceasing to be spurred on by hope, in a world which by its very nature is imperfect. His love is at the same time our guarantee of the existence of what we only vaguely sense and which nevertheless, in our deepest self, we await: a life that is "truly" life.³¹

* In memory of Pope Benedict XVI, this year's **Meditations** will be taken from his encyclical *Spe Salvi – in hope we were saved* - that reminds us of the future awaiting us in Jesus Christ.

"The one who has hope lives differently; the one who hopes has been granted the gift of a new life." *Spe Salvi*, 2

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for a Eucharistic life: We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters, we pray to the Lord. **R/.**

You chose bread and wine as the signs of the Eucharist. May we always hunger and thirst for the food that nourishes us for eternal life: **R/**

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. **R/.**

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. **R/.**

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us, St. Francis Xavier, pray for us.