

Virtual Eucharistic Adoration

Create a prayerful setting for this special time with the Lord and access an on-line chapel.

Lord Jesus, in the Eucharist You make your dwelling among us
and become our traveling companion
so that they may be ever more open to listening and accepting your Word.
We ask this in Jesus' name. Amen.

MARCH CONTEMPLATION

*This month may we listen to God calling us to be **People of Prayer.***

Opening Prayer

May this time of prayer be a precious opportunity to grow in awareness of the incomparable treasure which Christ has entrusted to his Church. May it encourage a more lively and fervent celebration of the Eucharist, leading to a Christian life transformed by love. May all of us rediscover the gift of the Eucharist as light and strength for our daily lives in the world, in the exercise of our respective professions. We pray in Jesus' name. Amen.

Silent Reflection

Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.

Prayer Before Reading Scripture

Heavenly Father, thank you for the Scriptures that were written for our instruction. They reveal the depth and width of your great love and show us how to walk in a way that is pleasing to you. Amen.

Scripture Reading: *(Matthew 6:5-8)*

A reading from the Gospel according to Matthew

“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

Responsorial Psalm: *(Psalm 17: 1-2, 6,8,15)*

Response: Listen as I pray, O Lord.

O Lord, hear my plea for justice. Listen to my cry for help.

Pay attention to my prayer, for it comes from honest lips. **R/.**

Declare me innocent, for you see those who do right. **R/.**

I am praying to you because I know you will answer, O God. Bend down and listen as I pray. **R/.**

Guard me as you would guard your own eyes. Hide me in the shadow of your wings. **R/.**

Because I am righteous, I will see you.

When I awake, I will see you face to face and be satisfied. **R/.**

Glory Be...

Reflection from the Catechism: Christian Prayer

When God calls him, Abraham goes forth "as the Lord had told him"; Abraham's heart is entirely submissive to the Word and so he obeys. Such attentiveness of the heart, whose decisions are made according to God's will, is essential to prayer, while the words used count only in relation to it. Abraham's prayer is expressed first by deeds: a man of silence, he constructs an altar to the Lord at each stage of his journey. Only later does Abraham's first prayer in words appear: a veiled complaint reminding God of his promises which seem unfulfilled. Thus one aspect of the drama of prayer appears from the beginning: the test of faith in the fidelity of God. (CCC,2570)

Seasonal Prayer: Prayer Before a Crucifix

Look down upon me, good and gentle Jesus, while before Your face I humbly kneel, and with burning soul pray and beseech You to fix deep in my heart lively sentiments of faith, hope, and charity, true contrition for my sins, and a firm purpose of amendment; while I contemplate with great love and tender pity Your five wounds, pondering over them within me, and calling to mind the words which, long ago, David the prophet spoke in Your own person concerning You, my Jesus: "*They have pierced My hands and My feet; they have numbered all My bones.*"

Silent Reflection

Meditation: (*Apostolicam Actuositatem*)

There are many forms of the apostolate whereby the laity build up the Church, sanctify the world, and give it life in Christ. A particular form of the individual apostolate as well as a sign specially suited to our times is the testimony of the whole lay life arising from faith, hope, and charity. It manifests Christ living in those who believe in Him. Then by the apostolate the spoken and written word, which is utterly necessary under certain circumstances, lay people announce Christ, explain and spread His teaching in accordance with one's status and ability, and faithfully profess it.

Furthermore, in collaborating as citizens of this world, in whatever pertains to the upbuilding and conducting of the temporal order, the laity must seek in the light of faith loftier motives of action in their family, professional, cultural, and social life and make them known to others when the occasion arises. Doing this, they should be aware of the fact that they are cooperating with God the creator, redeemer, and sanctifier and are giving praise to Him. (Chapter IV, "The Various Forms of the Apostolate," *AA*, #16)

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

This year's Meditations are taken from *Apostolicam Actuositatem*, Pope Paul VI's *Decree on the Apostolate of the Laity*, November 18, 1965.

For the Holy Father's Intention for New Martyrs

Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive.
we pray to the Lord. *R/.*

That by the Church's sacred remembrance of the mysteries of our salvation, the Lord may pour his divine love into every human heart, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us,

St. Francis Xavier, pray for us.