

Virtual Eucharistic Adoration

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.
May this time of prayer and adoration before the Blessed Sacrament be an opportunity
to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

MARCH CONTEMPLATION

*To be even-minded in every circumstance, with every person, in every place,
and at all times is a sign of mature sanctity.*

– St. Gaspar #18

Opening Prayer

Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

Silent Reflection

Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.

Prayer Before Reading Scripture

Jesus Christ, our Master, You are the Way and the Truth and the Life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

Scripture Reading: *(Hebrews 10:19-24)*

A reading from the letter of Paul to the Hebrews

Therefore, brothers, since we have confidence to enter the Most Holy Place by the blood of Jesus, by a new and living way opened for us through the curtain, that is, his body, and since we have a great priest over the house of God, let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. Let us hold unswervingly to the hope we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another—and all the more as you see the Day approaching.

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm: (*Psalm 62:6, 7-8, 9, 11-12a*)

Response: *Only in God is my soul at rest.*

He alone is my rock and my salvation, my fortress where I will not be shaken. *R/.*

My victory and honor come from God alone.

He is my refuge, a rock where no enemy can reach me. *R/.*

O my people, trust in him at all times. Pour out your heart to him, for God is our refuge. *R/.*

Common people are as worthless as a puff of wind,
and the powerful are not what they appear to be.

If you weigh them on the scales, together they are lighter than a breath of air. *R/.*

God has spoken plainly, and I have heard it many times:

Power, O God, belongs to you; unending love, O Lord, is yours. *R/.*

Glory Be...

Reflection from the Catechism: Hallowed be thy name

...Beginning with this first petition to our Father, we are immersed in the innermost mystery of his Godhead and the drama of the salvation of our humanity. Asking the Father that his name be made holy draws us into his plan of loving kindness for the fullness of time, "according to his purpose which he set forth in Christ," that we might "be holy and blameless before him in love." (*Eph 1:9,4*) (CCC,2807)

In the decisive moments of his economy God reveals his name, but he does so by accomplishing his work. This work, then, is realized for us and in us only if his name is hallowed by us and in us. (CCC,2808)

Seasonal Prayer: Prayer Before a Crucifix

Look down upon me, good and gentle Jesus, while before Your face I humbly kneel, and with burning soul pray and beseech You to fix deep in my heart lively sentiments of faith, hope, and charity, true contrition for my sins, and a firm purpose of amendment; while I contemplate with great love and tender pity Your five wounds, pondering over them within me, and calling to mind the words which, long ago, David the prophet spoke in Your own person concerning You, my Jesus: "*They have pierced My hands and My feet; they have numbered all My bones.*"

Silent Reflection

Meditation: (*Spe Salvi, 22*)

Christians, in the context of their knowledge and experience, must learn anew in what their hope truly consists, what they have to offer to the world and what they cannot offer. Flowing into this self-critique of the modern age there also has to be a self-critique of modern Christianity, which must constantly renew its self-understanding setting out from its roots... We must ask ourselves: what does "progress" really mean; what does it promise and what does it not promise?... Without doubt, it offers new possibilities for good, but it also opens up appalling possibilities for evil—possibilities that formerly did not exist. We have all witnessed the way in which progress, in the wrong hands, can become and has indeed become a terrifying progress in evil. If technical progress is not matched by corresponding progress in man's ethical formation, in man's inner growth (cf. *Eph 3:16; 2 Cor 4:16*), then it is not progress at all, but a threat for man and for the world.

* In memory of Pope Benedict XVI, this year's **Meditations** will be taken from his encyclical *Spe Salvi – in hope we were saved* - that reminds us of the future awaiting us in Jesus Christ.

"The one who has hope lives differently; the one who hopes has been granted the gift of a new life." *Spe Salvi, 2*
March 2023 E-2

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for victims of abuse:

We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering, we pray to the Lord. *R/.*

God of love, you have freed us from sin; grant us conversion of heart to always choose what is good and to reject violence and intolerance, we pray to the Lord. *R/:*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us, St. Francis Xavier, pray for us.